

Relationships, Sex and Health Education Curriculum Map 2021-2022

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	<p>Religious Understanding Handmade with Love</p>	<p>Me, My Body and My Health I am me</p> <p>Heads, Shoulders Knees and Toes</p> <p>Ready Teddy</p> <p>Emotional Well Being I like, you like, we all like</p> <p>Good feelings, bad feelings</p> <p>Let's get real</p>	<p>Keeping Safe Safe inside and out</p> <p>My body, my rules</p> <p>Feeling poorly</p> <p>People who help us</p> <p>Media Literacy and digital resilience The role of the internet in everyday life</p> <p>Not all information seen online is true</p> <p>Internet Safety Week</p>	<p>Religious Understanding Role Model</p> <p>Personal Relationships Who's Who</p> <p>You've got a friend in me</p> <p>Forever friends</p>	<p>Religious Understanding God is love</p> <p>Loving God, loving others</p> <p>Economic Wellbeing: Money What is money?</p> <p>Economic Wellbeing: Aspirations, Work and Career Jobs help people to earn money to pay for things</p>	<p>Living in the Wider World Me, You, Us</p> <p>Journey in Love</p>

<p style="text-align: center;">Year One</p>	<p style="text-align: center;">Religious Understanding Let the children come</p> <p style="text-align: center;">Emotional Wellbeing Feelings, likes and dislikes</p> <p style="text-align: center;">Feelings inside out</p> <p style="text-align: center;">Super Susie gets angry</p>	<p style="text-align: center;">Religious Understanding God loves you</p> <p style="text-align: center;">Personal Relationships Special People</p> <p style="text-align: center;">Treat others well</p> <p style="text-align: center;">....and say sorry</p>	<p style="text-align: center;">Keeping Safe Being safe</p> <p style="text-align: center;">Good secrets and bad secrets</p> <p style="text-align: center;">Physical contact</p> <p style="text-align: center;">Harmful Substances</p> <p style="text-align: center;">Can you help me?</p> <p style="text-align: center;">Media Literacy and digital resilience Not all information seen online is true</p> <p style="text-align: center;">Internet Safety Week</p>	<p style="text-align: center;">Religious Understanding Three in one</p> <p style="text-align: center;">Who is my neighbour</p> <p style="text-align: center;">Living in the wider world The communities we live in</p> <p style="text-align: center;">Shared Responsibilities What rules are and why are they needed?</p> <p style="text-align: center;">How people have different needs and the responsibilities of caring for them</p> <p style="text-align: center;">What can you do to look after the environment?</p>	<p style="text-align: center;">Economic Wellbeing; Money What is money? What forms that money come in; that money comes from different sources</p> <p style="text-align: center;">Economic Wellbeing; Aspirations, Work and Career Different jobs that people they know or people who work in the community do</p>	<p style="text-align: center;">Me, My Body and My Health I am unique</p> <p style="text-align: center;">Girls and Boys</p> <p style="text-align: center;">Clean and healthy</p> <p style="text-align: center;">Life Cycles The cycle of Life</p> <p style="text-align: center;">Journey in Love</p>
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<p>Year Two</p>	<p>Religious Understanding Let the children come</p> <p>Emotional Wellbeing Feelings, likes and dislikes</p> <p>Feelings inside out</p> <p>Super Susie gets angry</p>	<p>Life Cycles The cycle of Life</p> <p>Religious Understanding God loves you</p> <p>Personal Relationships Special People</p> <p>Treat others well</p> <p>....and say sorry</p>	<p>Keeping Safe Being safe</p> <p>Good secrets and bad secrets</p> <p>Physical contact</p> <p>Harmful Substances</p> <p>Can you help me?</p> <p>Media Literacy and digital resilience Not all information seen online is true</p> <p>How to assess the reliability of sources of information online and how to make safe reliable choices from search results</p> <p>Internet Safety Week</p>	<p>Religious Understanding Three in one</p> <p>Who is my neighbour</p> <p>Communities The different roles and responsibilities people have in their community</p> <p>Living in the wider world The communities we live in</p> <p>Shared Responsibilities What rules are and why are they needed?</p> <p>How people have different needs and the responsibilities of caring for them</p> <p>What can you do to look after the environment?</p>	<p>Economic Wellbeing What is money? What forms that money come in; that money comes from different sources</p> <p>People make different choices about how to save and spend</p> <p>Economic Wellbeing: Aspirations, Work and Career About some of the strengths and interest someone might need to do different jobs</p>	<p>Me, My Body and My Health I am unique</p> <p>Girls and Boys</p> <p>Clean and healthy</p> <p>Journey in Love</p>

<p>Year Three</p>	<p>Religious Understanding Get Up</p> <p>Emotional Well Being What am I feeling? What am I looking at? I am thankful</p>	<p>Life Cycles Life Cycles</p> <p>Religious Understanding Jesus, my friend</p> <p>Personal Relationships Friends, family and others</p> <p>When things feel bad</p>	<p>Keeping Safe Sharing online Chatting online Safe in my body Drugs, Alcohol and Tobacco First aid heroes</p> <p>Media Literacy and digital resilience How to assess the reliability of sources of information online and how to make safe reliable choices from search results</p> <p>Internet Safety Week</p>	<p>Religious Understanding A community of love What is the Church?</p> <p>Shared Responsibilities Recognising the reasons for rules and laws and consequences of not adhering to them</p> <p>Communities How do I value the contributions that people and groups make to the community</p> <p>Diversity - what is it? The value of diversity within communities</p>	<p>Living in the Wider World How do I love others?</p> <p>Economic Wellbeing: Money Different ways to pay for things and the choices people have about this Saving and spending money – what influences people's decisions; what makes something value for money</p> <p>Economic Wellbeing: Aspirations, Work and Career Positive things about you and your achievements; how to set goals to achieve personal outcomes</p> <p>There are a broad range of jobs/careers that people can have and you can have more than one careers/type of job in your life</p>	<p>Me, My Body and My Health We don't have to be the same Respecting our bodies Journey In Love</p>
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<p style="text-align: center;">Year Four</p>	<p style="text-align: center;">Religious Understanding Get Up</p> <p style="text-align: center;">Emotional Well Being What am I feeling? What am I looking at? I am thankful</p>	<p style="text-align: center;">Life Cycles Life Cycles</p> <p style="text-align: center;">Religious Understanding Jesus, my friend</p> <p style="text-align: center;">Personal Relationships Friends, family and others</p> <p style="text-align: center;">When things feel bad</p>	<p style="text-align: center;">Keeping Safe Sharing online Chatting online Safe in my body Drugs, Alcohol and Tobacco First aid heroes</p> <p style="text-align: center;">Media Literacy and digital resilience How to assess the reliability of sources of information online and how to make safe reliable choices from search results How information is ranked, selected and targeted at specific individuals and that connected devices can share information Internet Safety Week</p>	<p style="text-align: center;">Religious Understanding A community of love What is the Church?</p> <p style="text-align: center;">Shared Responsibilities The relationship between rights and responsibilities</p> <p style="text-align: center;">Communities Stereotypes – strategies for challenging stereotypes Prejudice – how to recognise and ways of responding to it if witnessed of experienced.</p>	<p style="text-align: center;">Living in the Wider World How do I love others?</p> <p style="text-align: center;">Economic Wellbeing Spending decisions can affect others and the environment (fair trade etc) Why people make spending decisions based on priorities, needs and wants</p> <p style="text-align: center;">Economic Wellbeing: Aspirations, Work and Career What might influence people's decisions about a job or career Steroptypes in the workplace and how aspirations should not be limited to them</p>	<p style="text-align: center;">Me, My Body and My Health We don't have to be the same Respecting our bodies What is Puberty Changing bodies Journey in Love</p>

<p style="text-align: center;">Year Five</p>	<p style="text-align: center;">Religious Understanding Calming the storm</p> <p style="text-align: center;">Me, my body, my health Gifts and talents</p> <p style="text-align: center;">Girls' bodies</p> <p style="text-align: center;">Boys' bodies</p> <p style="text-align: center;">Spots and sleep</p>	<p style="text-align: center;">Emotional Wellbeing Body Image</p> <p style="text-align: center;">Peculiar feelings</p> <p style="text-align: center;">Emotional Changes</p> <p style="text-align: center;">Seeing stuff online</p> <p style="text-align: center;">Religious Understanding The Trinity Catholic Social Teaching</p> <p style="text-align: center;">Living in the Wider World Reaching Out</p>	<p style="text-align: center;">Keeping Safe Sharing isn't always caring</p> <p style="text-align: center;">Cyberbullying</p> <p style="text-align: center;">Types of abuse</p> <p style="text-align: center;">Impacted lifestyles</p> <p style="text-align: center;">Making good choices</p> <p style="text-align: center;">Giving assistance</p> <p style="text-align: center;">Media Literacy and digital resilience How to assess the reliability of sources of information online and how to make safe reliable choices from search results</p> <p style="text-align: center;">How information is ranked, selected and targeted at specific individuals and that connected devices can share information</p> <p style="text-align: center;">Internet Safety Week</p>	<p style="text-align: center;">Religious Understanding Is God calling you?</p> <p style="text-align: center;">Personal Relationships Under pressure</p> <p style="text-align: center;">Do you want a piece of cake?</p> <p style="text-align: center;">Self Talk</p>	<p style="text-align: center;">Economic Wellbeing: Money Different ways to keep track of money</p> <p style="text-align: center;">Risks associated with money and ways of keeping money safe</p> <p style="text-align: center;">Economic Wellbeing: Aspirations, Work and Career Some jobs are paid more than others; money is only one factor that influences career choices; why do voluntary work</p> <p style="text-align: center;">Skills that will help you in your future careers e.g. teamwork, communication and negotiation</p>	<p style="text-align: center;">Life Cycles Making babies Part 1</p> <p style="text-align: center;">Menstruation</p> <p style="text-align: center;">Journey In Love</p> <p style="text-align: center;">Shared Responsibilities Protecting the environment in school and at home – how everyday choices can affect the environment.</p>
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Year Six	<p>Religious Understanding Calming the storm</p> <p>Me, my body, my health Gifts and talents</p> <p>Girls' bodies</p> <p>Boys' bodies</p> <p>Spots and sleep</p>	<p>Emotional Wellbeing Body Image</p> <p>Peculiar feelings</p> <p>Emotional Changes</p> <p>Seeing stuff online</p> <p>Religious Understanding The Trinity</p> <p>Catholic Social Teaching</p> <p>Living in the Wider World Reaching Out</p>	<p>Keeping Safe Sharing isn't always caring</p> <p>Cyberbullying</p> <p>Types of abuse</p> <p>Impacted lifestyles</p> <p>Making good choices</p> <p>Giving assistance</p> <p>Media Literacy and digital resilience How information is ranked, selected and targeted at specific individuals and that connected devices can share information</p> <p>How text and images in the media/social media can be manipulated or invented; strategies to evaluate the reliability of sources and identify misrepresentation</p> <p>Internet Safety Week</p>	<p>Religious Understanding Is God calling you?</p> <p>Personal Relationships Under pressure</p> <p>Do you want a piece of cake?</p> <p>Self Talk</p>	<p>Economic Wellbeing The risks involved in gambling; different ways money can be won or lost; the impact on health, wellbeing and future aspirations</p> <p>Identifying ways that money can impact on people's feelings and emotions</p> <p>Economic Wellbeing: Aspirations, Work and Career What kind of job would you like to do when you are older?</p> <p>How to recognise a variety of routes into careers e.g. college, apprenticeship, university</p>	<p>Life Cycles Making babies Part 1</p> <p>Making babies Part 2</p> <p>Menstruation</p> <p>Journey In Love</p> <p>Shared Responsibilities Protecting the environment in school and at home – how everyday choices can affect the environment.</p>

As children change and grow; their level of engagement will increase as they develop their social, moral, cultural and spiritual awareness and understanding. It is for this reason that within some Year groups, some topics will be revisited from the previous year, using extended activities, to ensure that the learning is embedded and that children build upon what they have previously learned.