

## Consultations to All Schools and Children's Centres across the Borough Offered by Havering CAMHS

### Primary Mental Health Team

#### Who are the consultations for?

- All front line professional workers.
- Teaching staff.
- Pastoral care teams.
- SENCO's.
- Learning Mentors.
- Family Support Workers (F.S.W).
- School Nurses.
- Home School Support Workers (HSSW).



#### The aims of consultation:

- To give you a containing and regular space to increase your understanding of children's psychological development.
- To advise appropriate referrals to specialist sources.
- To enhance your skills and knowledge to help achieve best possible outcome for children and their families.

#### What are consultations?

**Havering CAMHS Primary Mental Health Team offer a specialist mental health perspective and insight into difficulties you might be experiencing with the children/ young people and the families you come into contact with.**

#### Feedback by professionals who have attended

- "The expertise of your staff advice regarding appropriate strategies for support, when to refer and when not to.
- "Encouraged us and given us confidence to persevere when we thought we had nothing else to offer.
- "Discussing approaches and strategies to complex cases".
- "Being able to discuss specific cases".



#### Who do we currently consult with?

- Children's centres.
- All Havering based schools.
- Sixth form colleges.
- School nurses.



#### What type of concerns?

- Anxiety.
- Autistic Spectrum Disorders.
- Behaviour.
- Depression.
- Self-harm.
- Sexualised behaviour.
- Peer relationships. (The list is not exhaustive).

#### To book a place or further information.

- Please email to [laura.legeai@nelft.nhs.uk](mailto:laura.legeai@nelft.nhs.uk)